



## **ST. PAUL'S COLLEGE, KALAMASSERY**

Re-accredited with 'A' Grade ( Fourth Cycle ) by NAAC  
(Affiliated to Mahatma Gandhi University, Kottayam)

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### **CRITERION 7**

#### **INSTITUTIONAL VALUES AND BEST PRACTICES**

**7.2.1 Describe two best practices successfully implemented by the the Institution as per NAAC format provided in the manual.**

**Submitted to**

**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**

## **Activities of the Anti-Drug Cell at St. Paul's College, aligned to 'Parivarthan' (2022–23)**

### **Anti-Drug initiatives**

The Anti-Drug Cell, in collaboration with various departments and the NSS and NCC units, organised several events with the objective of equipping students with knowledge about drug abuse warning signals, facilitating early intervention, and averting potential addiction issues before they escalate. These initiatives play a vital role in educating students about the risks associated with substance addiction, fostering a supportive environment, and empowering them to make informed decisions.

### **Inauguration of Anti-drug Campaign at St. Paul's College, Kalamassery**

<b>Venue / Platform</b>	: Baccinelli Hall
<b>Date (s)</b>	: 6/10/2022
<b>Time</b>	: 9:30 AM to 10:30 AM
<b>Level</b>	: College
<b>No: of teacher participants</b>	: 5
<b>No: of student participants</b>	: 103

### **Report**

The college-level inauguration of the anti-drug campaign was held in the presence of students, management and staff. Fr. Felix Chakkalikal, Director presided over the meeting. Dr. Savitha KS, Principal in charge, inaugurated the programme. 103 students participated. Dr. Varun led the pledge taking ceremony, and a pledge against the sale, peddling, and use of drugs was taken. Vice principals Prof. Jose Xavier and Dr. Pramada Ramachandran also spoke on the occasion. Ms. Deepa George Anti-drug Cell Coordinator welcomed the gathering.

### **Benefits in terms of learning/skill/knowledge obtained:**

Students understood the seriousness of drug menace in society and pledged against the sale, peddling and use of drugs. Students understood the seriousness of drug menace in society and pledged against the sale, peddling and use of drugs.

## BROCHURE/POSTURE



## THE INAUGURATION OF THE ANTI DRUG CAMPAIGN





**SCREENING OF THE INAUGURATION BY SRI PINARAYI VIJAYAN,  
CHIEF MINISTER OF KERALA**



**PLEDGE TAKING CEREMONY LED BY LFT.DR. VARUN**



**Symbolic disposal of drugs**

<b>Venue / Platform</b>	: Open air
<b>Date (s)</b>	: 6/10/2022
<b>Time</b>	: 11:00 AM to 12:00 AM
<b>Level</b>	: College

**Participants**

: Management, staff and students

**Report:** The symbolic disposal of drugs by burning outdated prescription drugs was conducted in the college premises. The principal Dr. Savitha KS and student representatives ignited the fire to drugs. The Director Fr. Felix Chakkalakkal, delivered the message and alumni representative Mr. Sujil spoke on the need to put an end to fast spreading drug culture in Kerala.

**Knowledge gathered:** The students had the takeaway message ‘death to drugs rather than death by drugs

### THE MANAGEMENT, STAFF, STUDENTS AND ALUMNI IN THE SYMBOLIC DISPOSAL OF DRUGS



The various events conducted as part of the anti-drug awareness campaign focused on creating supportive networks, strengthening community partnerships, promoting peer support, and involving parents, to foster a long-term impact, playing a pivotal role in shaping a drug-free future and thereby promoting the overall well-being of the students. Law enforcement and campus safety representatives are essential members of the campus drug prevention coalition as they have firsthand experience with the detrimental effects of drug addiction.

### PTA Awareness Programme

**Venue / Platform**

: Baccinelli Hall

**Date (s)**

: 07/10/2022

**Time**

: 12:00 AM to 1:30 PM

**Level** : College  
**Participants** : Management, staff and students

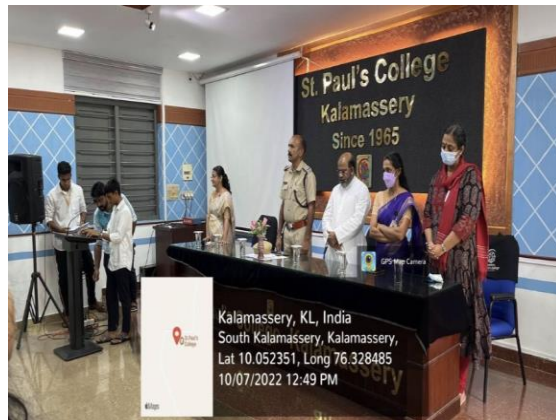
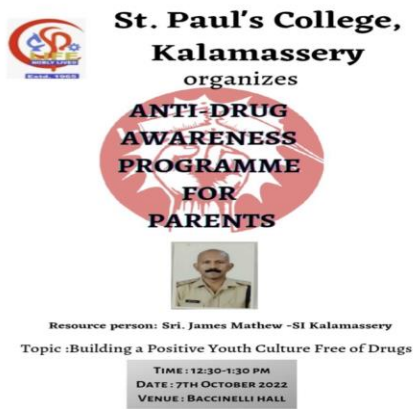
**Report:**

Parent representatives from each department participated in the awareness programme. Sri James Mathew SI, Kalamassery was the resource person. Mr. Abhilash.

**Knowledge gathered:**

The students had the takeaway message, ‘death to drugs rather than death by drugs.’

**AD/AT Cell, NSS AND NCC JOINED TOGETHER TO CREATE AN AWARENESS PROGRAMME FOR PARENTS**





# Distribution of Anti- drug Message Bearing Badges to Staff and Students

## Report

The Anti-Drug cell organized an event where anti-drug message bearing badges were distributed to all the staff and students at the college entrance to spread awareness on drugs. Fr. Felix Chakkalakkal inaugurated the event.

## Knowledge gathered:

The students adopted a vision for a 'Drug Free India 'which reiterates India's fight against the menace of drugs.

## NEWSPAPER REPORT



ഹോൾ പ്രവേശനത്തിനുമുമ്പെ ട്രഷററിയുടെ കോർട്ടേജിൽ നടന്ന ബോധവൽക്കരണം പങ്കെടുത്ത ഫ്ര.ഫെലിക്സ് ചക്കലാക്കൽ

### ലഹരികെതിരെ ബോധവൽക്കരണം

കളവശരി  
ഹോൾ പ്രവേശനത്തിനുമുമ്പെ  
കളവശരി ട്രഷററിയുടെ കോർട്ടേജിൽ നടന്ന ബോധവൽക്കരണം പങ്കെടുത്ത ഫ്ര.ഫെലിക്സ് ചക്കലാക്കൽ

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Students of St Paul's College, Kalamasserry, hold awareness badges against the increasing use of drugs as part of an anti-narcotic campaign organized by the college. College director Fr Felix Chullickal inaugurated the campaign organized by the non-teaching staff of the institution, on Wednesday

## **DISTRIBUTION OF ANTI-DRUG MESSAGE BEARING BADGES TO STAFF AND STUDENTS**



St Paul's College creatively and pro-actively addressed the challenges of drug abuse by organizing various events. Awareness programs in educational institutions have the potential to create a lasting impact on students' lives.

### **Activities of NSS Unit, St Paul's College aligned to 'Parivarthan' 2022-23**

The NSS unit of St Paul's College, Unit no. 38 has organized a plethora of events which enabled the students to grow both individually and collectively. By participating in these events, students gained confidence, honed their leadership abilities, and gained knowledge about individuals from many backgrounds.

As they work to raise people's standards of living, students also acquired a variety of vital life skills, achieving the NSS's mission of helping those in need. NSS volunteers who are actively involved gain exposure and experience that helps them become skilled social leaders and effective administrators.



## Special School Visit

A special school visit was arranged by NSS Unit 38 of St. Paul's College, Kalamassery, to Snehanilayam Special School, located in Chembumukku, close to Kakkanad on 20 October 2022. The visit included participation by about fifty-three students and Dr. Rajeshmon V G, the programme officer of NSS Unit 38. The volunteers engaged in a variety of entertainment programmes and had the opportunity to connect with the special school children.

### **Benefits in terms of learning/skill/knowledge obtained:**

The volunteers were able to get first-hand experience with the workings of a special school and could effectively interact with the students.

### **SPECIAL SCHOOL VISIT**



## Cleanliness Drive Initiated by The NSS Unit

To instill a sense of cleanliness, the NSS unit at St. Paul's College volunteered for several cleanliness drives. Cleaning the Fort Kochi beach on September 17, 2022, was initiated under the Azadi Ka Amrit Mahotsav, a programme established by the central government. The volunteers cleaned up the areas along the shore. The Central Government has recommended organizing a youth rally for garbage-free beaches, hills, and tourism destinations, with public participation, to realize the dream of a clean and sanitary city. The event helped raise awareness among locals and tourists about the need to support a clean environment.

On October 22, 2022, the NSS unit organized a public cleanup. The cleaning zone was designated to extend from Toshiba to the NAD junction. The volunteers removed all the plastic waste in the area and gathered 5 to 6 sacks. On October 24, the NSS unit offered to clean the Kalamassery Primary Health Centre. All volunteers actively participated in the cleanup.

## BROCHURE/POSTURE



## BEACH CLEANING AT FORT KOCHI



## BROCHURE/POSTURE



## CLEANING PLASTIC WASTE





## PRIMARY HEALTH CENTRE CLEANING



### Harisree

NSS Unit 38 at St. Paul's College Kalamassery initiated a new project named 'Harisree' on Children's Day. The project aimed at providing free tuition for the students of the adopted village. As part of the programme NSS Volunteers take tuition every Saturday in the Adopted ward (ward 11, Kalamassery municipality)

#### **Benefits in terms of learning/skill/knowledge obtained:**

It fostered social responsibility and empathy in students, giving them a platform for personal development and contributing to the welfare of society

## LAUNCHING OF HARISREE



### Activity of IQAC aligned with 'Parivarthan'

#### 'Pauline Star'

Constant encouragement has been the driving force behind humanity's greatest achievements. The greatest hopes may one day come true if the efforts are recognised. The possibilities are endless with this. As most achievers are those who have established a strong and deep determination to pursue a certain goal, all we need to do is acknowledge and encourage our young minds.

Annually, St. Paul's College recognises the accomplishments and commitment of its students by bestowing the Pauline Star Award upon "the Best Outgoing Student." They play an important role in recognising student achievements as academic learners, performers, leaders, and champions for a cause. Students in both undergraduate and graduate programmes representing different departments prepare to compete for this prestigious award. 'Pauline Star' 2023 was conducted on March 20, 2023, at the Acoustic Theatre. Ms. Anisha Maria of 3 BA English Model 2 won the title.







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**Benefits in terms of learning/skill/knowledge obtained:**

Students had the opportunity to assist elderly people and bring them joy and became aware of the need to build a society that does not require the establishment of old-age homes.

**Geotagged photos:**

